



VAAL CRUISING ASSOCIATION

JUNIOR KEELBOAT REGATTA
21 & 22 FEBRUARY 2004
SAILING INSTRUCTIONS

1. **RULES.**
The regatta will be sailed according to the 2001-2004 ISAF rules, the SAS prescriptions thereto, the Northv Keelboat Association (NKA) Regulations, as listed in the 2003/2004 NKA Handbook and these sailing instructions.
2. **ENTRIES.**
Eligible yachts may be entered, by completing an entry form and submitting it, as prescribed. Eligible helmspersons and crew shall be under the age of 19 years on the 31st January 2004. A parent or owner of the boat may accompany the boat, but may not assist in any way. Eligible yachts shall be any class of handicapped keelboat, listed in the above mentioned NKA Handbook, with a handicap of 1.02 or less.
3. **NOTICES TO COMPETITORS.**
Notices to competitors, if any, will be posted on the official VCA Racing Notice Board in the VCA club house.
4. **CHANGES IN SAILING INSTRUCTIONS.**
Any changes to the sailing instructions and schedule of races will be posted by 19h00 on the day before it will take effect.
5. **SIGNALS MADE.**
5.1 All signals will be made from the committee boat in the racing area.
5.2 Code flag 'AP' with two sound signals (one sound signal when lowered) means 'The race is postponed'. The warning signal will be made not less than one minute after 'AP' is lowered.
6. **SCHEDULE OF RACES.**
Races are scheduled as follows:

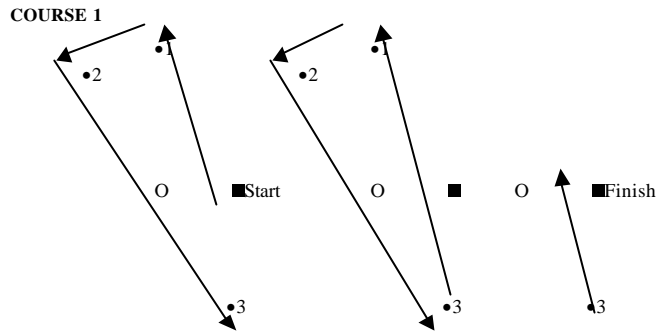
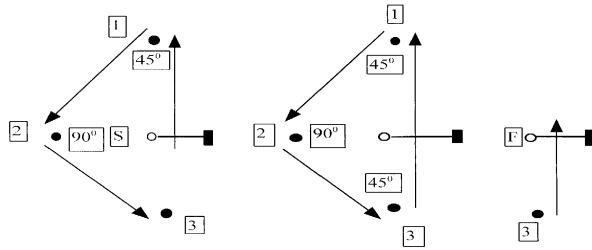
| RACE | DAY | DATE | TIME OF WARNING SIGNAL |
|----------------------|----------|------------------|------------------------|
| 1 ST RACE | SATURDAY | 21 FEBRUARY 2004 | NOT BEFORE 10H00 |
| 1 ST RACE | SUNDAY | 22 FEBRUARY 2004 | NOT BEFORE 10H00 |

** Subject to sufficient entries (a minimum of four boats)

7. **CLASS FLAGS.**
There will be no classes. All yachts will start at the same time.
8. **RACING AREA.**
The racing area will be in the vicinity of the VCA Mark on the Vaal Dam as shown in the NKA handbook.
9. **PROTESTS.**
 - 9.1 Protests shall be written on forms available from the Bridge and be lodged with the Bridge Officer or committee boat or at VCA within 1 hour after the time of the last yacht's finish.
 - 9.2 The protest committee will hear protests at VCA in approximately the order of receipt, beginning approximately 2 hours after the time of the last yacht's finish in the last race of the day.

10 **THE COURSES.**

The diagrams below shows the courses, for Saturday and Sunday races, including the approximate angles between legs, the order in which marks are to be rounded and the side on which each mark is to be left. The course to be sailed will be displayed on the bridge boat prior to the start of the race.



COURSE 2

Marks shall be rounded in the order shown.

The marks of the course will be red or orange coloured buoys (except for the start/finish line mark which will be shown in the diagram).

Marks shall be left to PORT if a RED flag is flown by the committee boat and shall be left to STARBOARD if shown in which case mark number 2 will be placed on the right hand side of the course and the committee boat will be so that the starting mark and finishing mark will both be on its starboard side.

Both the START line (designated S on the diagram) and the FINISH line (designated F on the diagram) will be on the mast of the committee boat.

The course will be sailed in the order shown in the diagram and will consist of two laps.

After rounding the third buoy in every round, all yachts must sail between the committee boat and white.

11. **THE START.**
11.1 Races will start in accordance with racing rule 26, with all yachts starting simultaneously.
11.2 The starting line shall be a line between a white mark and the mast of the committee boat.
11.3 The committee boat and white mark shall be marks of the course at all times during the race.
11.4 A yacht shall not start later than 10 minutes after her starting signal.
12. **RECALLS.**
12.1 Individual recalls will be signalled in accordance with racing rule 29.2.
12.2 General recalls will be in accordance with rule 29.3.
13. **THE FINISH.**
The finish line shall be a line between the nearby white mark and the mast of the committee boat.
14. **TIME LIMIT.**
Any yacht which does not finish within 1,6 times the first yacht's elapsed time will be deemed not to have finished.
15. **SHORTENING COURSE AND/OR ABANDONING RACES.**
The course may be shortened and races may be abandoned, at the discretion of the Bridge Officer, in terms of Rules 27.3 and/or 32.
16. **RETIREMENTS.**
Yachts which finish a race shall be presumed to have obeyed and observed all rules and sailing instructions. The skipper of a yacht retiring from a race shall notify the Bridge of the retirement if reasonably convenient.
17. **SCORING.**
The bonus-points scoring system, Appendix A2 of the racing rules, will apply.
18. **RATING.**
The time modification factor (TMF) as detailed in the NKA Handbook or as modified at 22 February 2003 shall be employed.
19. **LIABILITY.**
In terms of fundamental Rule 4, competitors accept sole responsibility for deciding whether to start and/or continue racing. Neither the host club, nor any organisation nor persons concerned with the running of the regatta accept any liability for loss, damage or injury to any person, boat or equipment whilst taking part in the regatta.

All skippers and crew are required to complete and have signed the indemnity waiver form and submit it to the organisers with their entry. No entry will be accepted without the form being fully completed and signed.
20. **ENTRIES.**
An entry fee of R 50-00 per yacht will be levied, payable in cash or cheques made out in favour of "Vaal Cruising Association". There will be no refunds in the case of non starts. The completed entry form together with the indemnity waiver may be submitted in one of the following ways:
 - Post to Vaal Cruising Association, c/o Jessica Lenz, P.O. Box 4799, Cresta, 2118.
 - Fax to Vaal Cruising Association, c/o Jessica Lenz, (011) 888 3552.
 - Telephonically with Jessica Lenz (W) 011 888-3552 or (H) 011 888-3552 (C) 082 447 8207
 - Handed in at the committee boat by 09h45 on Saturday 21st February 2004, which will be on station at the VCA Mark on the Vaal Dam. In such case the Bridge Officer, Jessica Lenz, must be notified telephonically before 17h00 on Friday 20 February 2004 at the following numbers: H: (011) 888 3552, C: 082 447 8207.' (011) 888 3552
21. **PRIZE GIVING.**
The prize giving for the event will take place at the VCA Clubhouse on 22nd February 2004 at 16h00, or as soon thereafter as convenient.
22. **GENERAL INFORMATION.**
Competitors and parents are welcome to spend the period at the Vaal Cruising Association. Camping and ablution facilities are available. Braai fires will be available for a bring and braai. There are bar facilities, pool table, etc also available.

Bookings for the above can be directed to Jessica or Frank Lenz at above mentioned telephone numbers.



ENTRY FORM
VAAL CRUISING ASSOCIATION
JUNIOR KEELBOAT REGATTA
21 & 22 FEBRUARY 2004

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SKIPPER:

SURNAME: _____ FIRST NAMES: _____

DATE OF BIRTH: _____ TELEPHONE (H): _____

POSTAL ADDRESS: _____

CLUB: _____

BOAT NAME: _____ CLASS: _____ SAIL NO. _____

OWNER'S NAME: _____

TELEPHONE NUMBER : (H): _____ (W): _____

| CREW & SAFETY OFFICER DETAILS | | |
|------------------------------------------|-------------|----------------------|
| | NAME | DATE OF BIRTH |
| CREW MEMBER 1 | | |
| CREW MEMBER 2 | | |
| CREW MEMBER 3 | | |
| CREW MEMBER 4 | | |
| On Board Safety Officer | | Not Applicable |

If not accompanied by an adult, parent or guardian please complete the following:

NAME OF PARENT/GUARDIAN: _____

CONTACT TELEPHONE NUMBER IN CASE OF EMERGENCY: _____

This entry form is to be accompanied by the parent/guardian indemnity waiver declaration, att entry fee of R 50-00.



VAAL CRUISING ASSOCIATION

JUNIOR KEELBOAT REGATTA 2004

INDEMNITY DECLARATION

I, _____, being the parent / legal guardian of _____, an entrant into the VCA Junior Keelboat Regatta 2004, acknowledge that participation in the contest is entirely at our / my child's own responsibility for damage or injury to any person or craft or vessel resulting from such participation with the organizing authority or body, the sponsors, host club, yacht owner or any person conducting the regatta.

Signed: _____ Date: _____
(Parent / Legal Guardian)

Address:

Telephone numbers: (H): _____
(W): _____