

# Notice of Race

## Lake Malawi International Yachting Marathon 2004

### 1. General

The Malawi 500 International Marathon will be held from 7 to 15 July 2004 on Lake Malawi.

### 2. Organising Authority

The Lake Deneys Yacht Club  
Vaaldam  
Deneysville  
Free State  
South Africa  
Organising Committee - Malawi

The Organising Committee  
Malawi 500 International Marathon  
P.O. Box 2279  
Blantyre  
Malawi

Tel/Fax: +265 (0) 1 633489 / (0) 1 620487

Cell: +265 (0) 9 960294 - Zina Dale

E-mail: jamboafrika@africa-online.net

Cell: +265 (0) 9 960316 - Sue Mennell E-mail: smennell@cfao.mw

### 3. Rules

The Marathon will be governed by the ISAF Racing Rules of Sailing for 2001 - 2004(RRS), including the changes effective November 2001, the class rules of all competing yachts, this Notice of Race except if altered by the Sailing Instructions and any amendments thereto.

The event is classified as Category C, RRS Appendix G. Competitors may be required to display sponsor advertising supplied by the Organising Authority on hulls and/or sails.

### 4. Classes to Race

The Malawi 500 International Marathon is open to all multi-crew boats with a Portsmouth Rating under 1000.

### 5. Entries

5.1 The closing date for entries shall be 15 June 2004.

5.2 Entries shall only be valid if accompanied by the required fee.

5.3 The maximum number of entries shall be 30.

5.4 The entry fees shall be

Per boat:		US\$300
Per sailor		US\$300
Per ground crew		US\$300
Temporary Yacht Club Membership	Per Person	US\$8

**5.5** Entry fees may be paid in South Africa or Malawi.

<b>5.6</b> Bank Details -	South Africa:	Malawi:
Bank:	ABSA Bank	First Merchant Bank
Branch:	Strijdompark	Blantyre Branch
Branch Code:	515005	
Account Number:	9089624109	0200305001
Name of Account:	Mr K.J. Murray Lake Malawi Yachting Marathon	

## 6. Program of Event

Mon 5 <sup>th</sup> July	10h00 - 14h00	Registration
Tues 6 <sup>th</sup> July	09h00 - 13h00	Boat Checks, Capsize drill
	14h00 - 16h00	Skippers Briefing
	18h00 - late	Opening Ceremony
Wed 7 <sup>th</sup> July	07h00	Nkopola Lodge - Cape Maclear
Thur 8 <sup>th</sup> July	07h00	Cape Maclear - Senda Bay
Fri 9 <sup>th</sup> July	07h00	Senga Bay - Sani
Sat 10 <sup>th</sup> July	07h00	Sani - Dwangwa
Sun 11 <sup>th</sup> July		Rest Day
Mon 12 <sup>th</sup> July	07h00	Dwangwa - Likoma I sland
Tues 13 <sup>th</sup> July	07h00	Likoma round the island race
Wed 14 <sup>th</sup> July	07h00	Likoma I sland - Chinteche I nn
Thur 15 <sup>th</sup> July	07h00	Chinteche I nn - Nkhata Bay
	18h30 - late	Prize Giving at Chinteche I nn

## 7. Alternative Penalties

A 360 degree turn will replace the penalty referred to in RRS 44.2

## 8. Liability

- 8.1** None of the Organising Authority, Organising Committee, Rescue or any other person or body concerned in the running of the Marathon shall be held liable in any way for injuries, loss of life or property caused by, or in conjunction with, the event.
- 8.2** The onus on whether to start a leg or continue to sail a leg lies entirely with the competitors.

## 9. Personal Buoyancy

- 9.1** Yachts shall comply with their class buoyancy and safety requirements.
- 9.2** All competitors shall wear a personal buoyancy aid, capable of supporting a 5kg steel weight, at all times whilst afloat in a yacht.

## **10. Sailing Instructions**

Sailing Instructions will be available with entry forms and at registration.

## **11. Identification on Sails**

Identification on sails shall be in accordance with RRS Appendix H.